

Please take the time to look at our new refreshed and updated website.

www.stmarysstokedabernon.org.uk

It contains details of all the services and events mentioned in this pewsheet along with everything else that is going on at St Mary's. There is also a link to our new online hall booking system.

If you are able to include **Gift Aid** when you donate this gives an extra 25% to the Church at no cost to yourselves. Please use the blue gift aid envelopes which you need to sign and write your name and address on



Your donations make a difference.
Please scan this QR code to easily donate.

If you have any safeguarding worries please contact the Parish Office in the first instance or email psoatstmarys@gmail.com



Rector

Reverend Phaedra Pamphilon-Green
rectorstokedabernon@gmail.com/07775 954144
(Day off – Friday)

Parish Administrator : Polly Zabari 01932 866005

Church Wardens : Claire King & William Fellows

Parish Office Hours next week

The office will be open
Monday to Thursday 8am – 1pm
All enquiries to
admin@stmarysstokedabernon.org.uk



If you have a moment, please leave something for the Cobham Area Foodbank. Their website lists those items they need urgently. There is a collecting bin in the hall vestibule and just inside the Church.

Morning prayer will take place on Mondays and Tuesdays at 9am .

Holy Communion will take place at 10am every Wednesday.

Christian Meditation will take place at 5pm on Wednesday

Thursday Mattins will take place each week at 10am.

The Church remains open all morning for Private Prayer Monday to Thursday

If you would like to be on our mailing list and receive a copy of this pew sheet each week please let the Parish Office know.

Sunday 22nd February 2026

Lent 1



February & March Services

22 nd Feb	10am	Parish Eucharist
Lent 1	6pm	Evensong
1 st March	8am	Holy Communion
Lent 2	10am	Choral Eucharist
6 th March	11am	World Day of Prayer
8 th March	10am	Parish Eucharist
Lent 3	6pm	Holy Communion
15 th March	8am	Holy Communion
Mothering Sunday	10am	Parish Eucharist
22 nd March	10am	Evensong
Passiontide	6pm	Holy Communion
29 th March	10am	Parish Eucharist
Palm Sunday		
30 th March	8pm	Compline
31 st March	8pm	Compline

We welcome you to St Mary's. If this is your first time, or even if you still feel "new" please make yourself known to one of the welcomers. If you would like to receive our weekly news please complete the welcome form and place either in the collection plate or hand to a sidesman.



Please come and join us on Mondays for **Mondays @ Mary's – our Community Cafe.** 10.30 – 12.30 every week (except BH)



On the last Monday of each month we will hold our **Hear Here Hearing Aid Clinic** for all users of NHS hearing aids who need help or batteries 10.30 – 12.30 in the Church Hall.

Collect

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Post Communion

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen**

10am Parish Eucharist with wedding blessing for Josh and Keri

Minister Rev Phe Pamphilon Green

Organist Matthew Brown

Rom 5 : 12 – 19

Matt 4 : 1 - 11

Mass : Shaw (no Gloria)

Communion 424

Anthem : Gaelic Blessing - Rutter

Hymns 121, 123, 702, 610



Coffee will be served in the hall after the 10am service.

6pm Evensong

Minister Rev Phe Pamphilon Green

Organist Matthew Brown

Rom 5 : 12 – 19

Matt 4 : 1 – 11

Responses : Ferial

Psalm : 50 [1-15], Chant 162

Canticles : Chants 28, 36

Hymns : 133, 127, 15

Lent Course : We will be studying “**Meeting God in John**” by David F Ford either alongside Holy Communion at 10am on Wednesday mornings or in the Rectory on Thursday evenings at 8pm. Books will be ordered centrally so please let us know if you plan to join. Course starts 25/26 Feb.

Our next **lunchtime concerts** will take place at 1pm on the following Thursdays :

February 26th 2026 – Emilija Karaliute – Talking about Lithuanian culture and playing the kankles

March 26th 2026 – James Marshall and tom Yang - Piano and Violin

April 30th 2026 – Sophie Baylis (flute) and Joshua Simoes (piano)

Daily Bible Readings for Morning Prayer

Monday 23rd

Psalm 11, Gen 41 : 25 – 45; Gal 3 : 23 – 4 : 7

Tuesday 24th

Psalm 44; Gen 41 : 46 – 42 : 5; Gal 4 : 8 – 20

Wednesday 25th

Psalm 6; Gen 42 : 6 – 17; Gal 4 : 21 – 5 : 1

Thursday 26th

Psalm 42; Gen 42 : 18 – 28; Gal 5 : 2 – 15

Friday 27th

Psalm 22; Gen 42 : 29 – end; Gal 5 : 16 – end

Saturday 28th

Psalm 63; Gen 43 : 1 – 15; Gal ch 6

DATES FOR YOUR DIARY

Friday 6th March : 11am World Day of Prayer Service at St Mary’s followed by soup lunch.

Sun 15th March : 10am Mothering Sunday

Sun 22nd March : Noon APCM in Church Hall

HOLY WEEK

Sun 29th March : 10am Palm Sunday with donkey

Mon 30th March : 8pm Compline

Tues 31st March : 8pm Compline

Wed 1st April : 8pm Compline

Thurs 2nd April : Maundy Thursday 6pm

Communion with Washing of feet/stripping altar

Fri 3rd April : Good Friday

2-3pm Stations of the Cross/8pm Tenebrae

Sat 4th April : Decorating the Church

Sun 5th April : Easter Sunday

5.30am Dawn Service/10am Festal Eucharist