

Please take the time to look at our new refreshed and updated website.

[www.stmarysstokedabernon.org.uk](http://www.stmarysstokedabernon.org.uk)

It contains details of all the services and events mentioned in this pewsheets along with everything else that is going on at St Mary's. There is also a link to our new online hall booking system.

If you are able to include **Gift Aid** when you donate this gives an extra 25% to the Church at no cost to yourselves. Please use the blue gift aid envelopes which you need to sign and write your name and address on



**Your donations make a difference.**

Please scan this QR code to easily donate.

If you have any safeguarding worries please contact the Parish Office in the first instance or email [psoatstmarys@gmail.com](mailto:psoatstmarys@gmail.com)

#### Rector

Reverend Phaedra Pamphilon-Green  
[rectorstokedabernon@gmail.com](mailto:rectorstokedabernon@gmail.com) / 07775 954144  
(Day off – Friday)

**Parish Administrator :** Polly Zabari 01932 866005  
**Church Wardens :** Claire King & William Fellows

#### **Parish Office Hours next week**

The office will be open  
Monday to Thursday 8am – 1pm  
All enquiries to  
[admin@stmarysstokedabernon.org.uk](mailto:admin@stmarysstokedabernon.org.uk)



If you have a moment, please leave something for the Cobham Area Foodbank. Their website lists those items they need urgently. There is a collecting bin in the hall vestibule and just inside the Church.

Morning prayer will take place on Mondays and Tuesdays at 9am.

Holy Communion will take place at 10am every Wednesday.

Christian Meditation will take place at 5pm on Wednesday

Thursday Mattins will take place each week at 10am.

The Church remains open all morning for Private Prayer Monday to Thursday

If you would like to be on our mailing list and receive a copy of this pew sheet each week please let the Parish Office know.

Sunday 8th February 2026  
Second Sunday before Lent



#### February & March Services

<b>15<sup>th</sup> Feb</b>	8am	Holy Communion
Next before Lent	10am	Parish Eucharist
<b>18<sup>th</sup> Feb</b>	10am	Holy Communion
Ash Wednesday	6pm	Holy Communion
<b>22<sup>nd</sup> Feb</b>	10am	Parish Eucharist
Lent 1	6pm	Holy Communion
<b>1<sup>st</sup> March</b>	8am	Communion
Lent 2	10am	Choral Eucharist
<b>6<sup>th</sup> March</b>	11am	World Day of Prayer
<b>8<sup>th</sup> March</b>	10am	Holy Communion
Lent 3	6pm	Evensong
<b>15<sup>th</sup> March</b>	8am	Holy Communion
Mothering Sunday	10am	Parish Eucharist
<b>22<sup>nd</sup> March</b>	10am	Parish Eucharist
Passiontide	6pm	Evensong
<b>29<sup>th</sup> March</b>	10am	Parish Eucharist
Palm Sunday	8pm	Compline
30 <sup>th</sup> March	8pm	Compline
31 <sup>st</sup> March	8pm	Compline

We welcome you to St Mary's. If this is your first time, or even if you still feel "new" please make yourself known to one of the welcomers. If you would like to receive our weekly news please complete the welcome form and place either in the collection plate or hand to a sidesman.



Please come and join us on Mondays for **Mondays @ Mary's – our Community Cafe.** 10.30 – 12.30 every week (except BH)



On the last Monday of each month we will hold our **Hear Here Hearing Aid Clinic** for all users of NHS hearing aids who need help or batteries 10.30 – 12.30 in the Church Hall

## Collect

Almighty God, you have created the heavens and the earth and made us in your own image: teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son our Lord, who with you and the Holy Spirit reigns supreme over all things, now and for ever. **Amen**

## Post Communion

God our creator, by your gift the tree of life was set at the heart of the earthly paradise, and the bread of life at the heart of your Church: may we who have been nourished at your table on earth be transformed by the glory of the Saviour's cross and enjoy the delights of eternity; through Jesus Christ our Lord. **Amen**

**10am** Parish Eucharist  
**Minister** Rev Phe Pamphilon Green  
**Organist** Matthew Brown

Rom 8 : 18 – 25  
Matt 6 : 25 – end

Mass : St Thomas  
Communion 441  
Hymns 532, 537i, 546, 810



Coffee will be served in the hall after the 10am service.

**6pm** Evensong  
**Minister** Rev Phe Pamphilon Green  
**Organist** Matthew Brown

Rom 8 : 18 – 25  
Matt 6 : 25 – end

Responses : Ferial  
Psalm : 148, Chant 149  
Canticles : Chants 25, 35  
Hymns : 547, 754, 24

Our next **lunchtime concerts** will take place at 1pm on the following Thursdays :

**February 26<sup>th</sup> 2026** – Emilija Karaliute – Talking about Lithuanian culture and playing the kankles

**March 26<sup>th</sup> 2026** – James Marshall and tom Yang - Piano and Violin

**April 30<sup>th</sup> 2026** – Sophie Baylis (flute) and Joshua Simoes (piano)

## Lent Course

This Lent we will be studying *Meeting God in John* by David F. Ford. There are three ways to take part:

- Wednesday mornings at 10am, after Holy Communion
- Wednesdays at 5pm, we will meditate on the readings
- Thursday evenings at 7pm in the Rectory

The course begins on 25/26 February. **If you would like to join and need a copy of the book, please let Polly know by the end of next week.** Books will be ordered centrally, so do tell us if you plan to take part.

## Daily Bible Readings for Morning Prayer

Monday 9<sup>th</sup>

Psalm 30; Gen 29 : 31 – 30 : 24; 2 Tim 4 : 1- 8

Tuesday 10<sup>th</sup>

Psalm 36; Gen 31 : 1 – 24; 2 Tim 4 : 9 - end

Wednesday 11<sup>th</sup>

Psalm 34; Gen 31 : 25 – 32 : 2; Titus ch 1

Thursday 12<sup>th</sup>

Psalm 37; Gen 32 : 3 – 30; Titus ch 2

Friday 13<sup>th</sup>

Psalm 31; Gen 33 : 1 – 17; Titus ch 3

Saturday 14<sup>th</sup>

Psalm 42; Gen ch 35, Philemon

## DATES FOR YOUR DIARY

**Sun 22<sup>nd</sup> March** : Noon APCM in Church Hall

**Rev Phe is on holiday next week – there will be NO weekday services including Holy Communion, Mattins and the Meditation service.**

## A message from Revd. Phe

I am delighted to share some personal and joyful news with you. During the 10am service on 22<sup>nd</sup> February I will be blessing the marriage of our son and his wife, Keri. Keri will be travelling over from America the day before, and it would mean a great deal to Antony and me to have as many parishioners as possible join us in celebrating this special occasion. Refreshments will be served after the service, and we warmly invite you to stay and celebrate with us.