

Please take the time to look at our new refreshed and updated website.

[www.stmarysstokedabernon.org.uk](http://www.stmarysstokedabernon.org.uk)

It contains details of all the services and events mentioned in this pewsheets along with everything else that is going on at St Mary's. There is also a link to our new online hall booking system.

If you are able to include **Gift Aid** when you donate this gives an extra 25% to the Church at no cost to yourselves. Please use the blue gift aid envelopes which you need to sign and write your name and address on



**Your donations make a difference.**  
Please scan this QR code to easily donate.

If you have any safeguarding worries please contact the Parish Office in the first instance or email [psoatstmarys@gmail.com](mailto:psoatstmarys@gmail.com)



#### Rector

Reverend Phaedra Pamphilon-Green  
[rectorstokedabernon@gmail.com](mailto:rectorstokedabernon@gmail.com)/07775 954144  
(Day off – Friday)

**Parish Administrator :** Polly Zabari 01932 866005

**Church Wardens :** Claire King & William Fellows

#### Parish Office Hours next week

The office will be open  
Monday to Thursday 8am – 1pm  
All enquiries to  
[admin@stmarysstokedabernon.org.uk](mailto:admin@stmarysstokedabernon.org.uk)



**If you have a moment, please leave something for the Cobham**

**Area Foodbank. Their website lists those items they need urgently. There is a collecting bin in the hall vestibule and just inside the Church.**

Morning prayer will take place on Mondays and Tuesdays at 9am .

Holy Communion will take place at 10am every Wednesday.

Christian Meditation will take place at 5pm on Wednesday

Thursday Mattins will take place each week at 10am.

The Church remains open all morning for Private Prayer Monday to Thursday

If you would like to be on our mailing list and receive a copy of this pew sheet each week please let the Parish Office know.

## Sunday 1<sup>st</sup> February 2026 Candlemas



### February & March Services

<b>1<sup>st</sup> Feb</b>	8am	Holy Communion
Candlemas	10am	Choral Eucharist
<b>8<sup>th</sup> Feb</b>	10am	Parish Eucharist
2 <sup>nd</sup> before Lent	6pm	Evensong
<b>15<sup>th</sup> Feb</b>	8am	Holy Communion
Next before Lent	10am	Parish Eucharist
<b>18<sup>th</sup> Feb</b>	10am	Holy Communion
Ash Wednesday	6pm	Holy Communion
<b>22<sup>nd</sup> Feb</b>	10am	Parish Eucharist
Lent 1	6pm	Evensong
<b>1<sup>st</sup> March</b>	8am	Holy Communion
Lent 2	10am	Choral Eucharist
<b>8<sup>th</sup> March</b>	10am	Parish Eucharist
Lent 3	6pm	Evensong
<b>15<sup>th</sup> March</b>	8am	Holy Communion
Mothering Sunday	10am	Parish Eucharist
<b>22<sup>nd</sup> March</b>	10am	Parish Eucharist
Passiontide	6pm	Evensong
<b>29<sup>th</sup> March</b>	10am	Parish Eucharist
Palm Sunday		
30 <sup>th</sup> March	8pm	Compline
31 <sup>st</sup> March	8pm	Compline

**We welcome you to St Mary's.** If this is your first time, or even if you still feel "new" please make yourself known to one of the welcomers. If you would like to receive our weekly news please complete the welcome form and place either in the collection plate or hand to a sidesman.



Please come and join us on Mondays for **Mondays @ Mary's – our Community Cafe.** 10.30 – 12.30 every week (except BH)



On the last Monday of each month we will hold our **Hear Here Hearing Aid Clinic** for all users of NHS hearing aids who need help or batteries 10.30 – 12.30

in the Church Hall

## Collect

Almighty and ever-living God, clothed in majesty, whose beloved Son was this day presented in the Temple, in substance of our flesh: grant that we may be presented to you with pure and clean hearts, by your Son Jesus Christ our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

## Post Communion

Lord, you fulfilled the hope of Simeon and Anna, who lived to welcome the Messiah: may we, who have received these gifts beyond words, prepare to meet Christ Jesus when he comes to bring us to eternal life; for he is alive and reigns, now and for ever. **Amen**

**8am Holy Communion**  
**Minister Rev Phe Pamphilon Green**

Hebrews 2 : 14 – end  
Luke 2 : 22 - 40

**10am Choral Eucharist**  
**Minister Rev Phe Pamphilon Green**  
**Organist Matthew Brown**

Introit : O Nata Lux – Tallis  
Psalm : 3, Chant 151  
Mass : Mass for Four Voices – Byrd (Shaw Gloria)  
Anthem : Senex puerum a4 – Byrd  
Nunc Dimittis (Truro Service) – Jackson  
Hymns : 35, 396, 110, 397



Coffee will be served in the hall after the 10am service.

**Lent Course** : We will be studying “**Meeting God in John**” by David F Ford either alongside Holy Communion at 10am on Wednesday mornings or in the Rectory on Thursday evenings at 8pm. Books will be ordered centrally so please let us know if you plan to join. Course starts 25/26 Feb.



Our next Spud Supper will be tomorrow Monday 2nd February 6 – 8pm. If you wish to come and haven't signed up please call the Parish Office 01932 866005. £10 PER HEAD

Our next **lunchtime concerts** will take place at 1pm on the following Thursdays :

**February 26<sup>th</sup> 2026** – Emilija Karaliute – Talking about Lithuanian culture and playing the kankles  
**March 26<sup>th</sup> 2026** – James Marshall and tom Yang - Piano and Violin  
**April 30<sup>th</sup> 2026** – Sophie Baylis (flute) and Joshua Simoes (piano)

## Daily Bible Readings for Morning Prayer

### Monday 2<sup>nd</sup>

Psalm 1; Gen 18 : 1 – 15; Matt 27 : 11 - 26

### Tuesday 3<sup>rd</sup>

Psalm 5; Gen 18 : 16 – end; Matt 27 : 27 – 44

### Wednesday 4<sup>th</sup>

Psalm 119 vv 1-32; Gen 19 : 1-3, 12-29 Matt 27 : 45-56

### Thursday 5<sup>th</sup>

Psalm 15; Gen 21 : 1 – 21; Matt 27 : 57 – end

### Friday 6<sup>th</sup>

Psalm 19; Gen 22 : 1 – 19; Matt 28 : 1 – 15

### Saturday 7<sup>th</sup>

Psalm 23; Gen ch 24; Matt 28 : 16 – end

## DATES FOR YOUR DIARY

**Friday 6<sup>th</sup> March** : 11am World Day of Prayer Service at St Mary's followed by soup lunch.

**Sun 15<sup>th</sup> March** : 10am Mothering Sunday

**Sun 22<sup>nd</sup> March** : Noon APCM in Church Hall

## A message from Revd. Phe

I am delighted to share some personal and joyful news with you. During the 10am service on 22<sup>nd</sup> February I will be blessing the marriage of our son and his wife, Keri. Keri will be travelling over from America the day before, and it would mean a great deal to Antony and me to have as many parishioners as possible join us in celebrating this special occasion. Refreshments will be served after the service, and we warmly invite you to stay and celebrate with us.

