

Please take the time to look at our new refreshed and updated website.

[www.stmarysstokedabernon.org.uk](http://www.stmarysstokedabernon.org.uk)

It contains details of all the services and events mentioned in this pewsheet along with everything else that is going on at St Mary's. There is also a link to our new online hall booking system.

If you are able to include **Gift Aid** when you donate this gives an extra 25% to the Church at no cost to yourselves. Please use the blue gift aid envelopes which you need to sign and write your name and address on



**Your donations make a difference.**  
Please scan this QR code to easily donate.

If you have any safeguarding worries please contact the Parish Office in the first instance or email [psotatmarys@gmail.com](mailto:psotatmarys@gmail.com)



#### Rector

Reverend Phaedra Pamphilon-Green  
[rectorstokedabernon@gmail.com](mailto:rectorstokedabernon@gmail.com)/07775 954144  
(Day off – Friday)

**Parish Administrator :** Polly Zabari 01932 866005

**Church Wardens :** Claire King & William Fellows

#### Parish Office Hours

If you want to visit the Parish Office next week, please ring in advance as Polly is away on holiday.

All enquires to [admin@stmarysstokedabernon.org.uk](mailto:admin@stmarysstokedabernon.org.uk)

If you have a moment, please leave something for the Cobham Area

**Foodbank. Their website lists those items they need urgently. There is a collecting bin in the hall vestibule and just inside the Church.**



Morning prayer will take place on Mondays and Tuesdays at 9am .

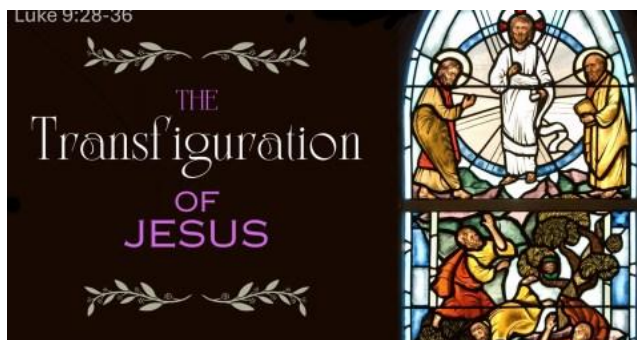
Holy Communion will take place at 10am every Wednesday.

Thursday Mattins will take place each week at 10am.

The Church remains open all morning for Private Prayer Monday to Thursday

Sunday 3<sup>rd</sup> August 2025

The Transfiguration



#### August and September Services at St Mary's

<b>Sun 3<sup>rd</sup> August</b>	8am	Holy Communion
Transfiguration	10am	Parish Eucharist
<b>Sun 10<sup>th</sup> August</b>	10am	Parish Eucharist
Claire of Assisi	6pm	Evensong
<b>Sun 17<sup>th</sup> August</b>	8am	Holy Communion
VJ Day	10am	Parish Eucharist
<b>Sun 24<sup>th</sup> August</b>	10am	Parish Eucharist
St Bartholomew	6pm	Evensong
<b>Sunday 31<sup>st</sup> August</b>	10am	Parish Eucharist
John Bunyan		
<b>Sun 7<sup>th</sup> Sept</b>	8am	Holy Communion
Blessed Virgin Mary	10am	Choral Eucharist
<b>Sun 14<sup>th</sup> Sept</b>	10am	Parish Eucharist
Holy Cross Day	6pm	Evensong
<b>Sun 21<sup>st</sup> Sept</b>	8am	Holy Communion
Matthew, Apostle	10am	Parish Eucharist
<b>Sun 28<sup>th</sup> Sept</b>	10am	Parish Eucharist
Michael & All Angels	6pm	Evensong

**We welcome you to St Mary's.** If this is your first time, or even if you still feel "new" please make yourself known to one of the welcomers. If you would like to receive our weekly news please complete the welcome form and place either in the collection plate or hand to a sidesman.

#### VERY ADVANCED NOTICE : PLS KEEP DATES FREE

**Everyone is invited to afternoon tea** in the Rectory Garden 2-5pm on Sunday 17<sup>th</sup> August.

The St Mary's **Christmas lunch** will be held on Thursday 18<sup>th</sup> December 2025.

**If you would like to be on our mailing list and receive a copy of this pew sheet each week please let the Parish Office know.**

## Collect

Father in heaven, whose Son Jesus Christ was wonderfully transfigured before chosen witnesses upon the holy mountain, and spoke of the exodus he would accomplish at Jerusalem: give us strength so to hear his voice and bear our cross that in the world to come we may see him as he is; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

## Post Communion

Holy God, we see your glory in the face of Jesus Christ: may we who are partakers at his table reflect his life in word and deed, that all the world may know his power to change and save. This we ask through Jesus Christ our Lord. **Amen**

**8am Holy Communion**  
**Minister** Revd Phe Pamphilon Green

2 Peter 1 : 16 - 19  
Luke 9 : 28 – 36

**10am Parish Eucharist**  
**Minister** Revd Phe Pamphilon Green  
**Organist** Matthew Brown

Hymns : 603, 279, 281, 610  
Mass : St Thomas



Please join us in the hall afterwards for coffee



Please come and join us on Mondays for **Mondays @ Mary's – our Community Cafe**.  
10.30 – 12.30 every week (except Bank Holidays)

## Daily Bible Readings for Morning Prayer

### Monday 4th

Psalm 1; Ezek 14 : 12 – end; 2 Cor 11 : 1 – 15

### Tuesday 5th

Psalm 5; Ezek 18 : 1 – 20; 2 Cor 11 : 16 - end

### Wednesday 6th

Psalm 27; 1 Kings 19 : 1 – 16; 1 John 3 : 1 – 3

### Thursday 7th

Psalm 15; Ezek 20 : 1 – 20; 2 Cor ch 13.

### Friday 8th

Psalm 19; Ezek 20 : 21 – 38; James 1 : 1 – 11

### Saturday 9th

Psalm 23; Ezek 24 : 15 – end; James 1 : 12 – end

## Foodbank

### Urgently needed items

- UHT fruit juice
- Instant Coffee - large jar
- Fruit Squash
- UHT semi skimmed milk
- Cat food in tins
- Tinned meat
- Tinned tomatoes
- Tinned spaghetti hoops
- Tinned custard
- Pasta Sauce
- Sponge puddings
- Sugar 500g packs
- Razors and Shaving Foam
- Laundry powder, caps and liquid
- Shampoo
- Conditioner

### We've got plenty of

- Baked beans
- Tinned Tomatoes
- Tea

WORLD'S BIGGEST  
**COFFEE MORNING**  
**MACMILLAN**  
CANCER SUPPORT



- We will be hosting a coffee morning on **Monday 29<sup>th</sup> September** alongside our Mondays@Mary's initiative. We are hoping to have a cake sale and raffle – more details (and request for cakes and prizes) to come but **PLEASE KEEP THE DATE FREE**