

**Please take the time to look at our new refreshed and updated website. It contains details of all the services and events mentioned in this pewsheet along with everything else that is going on at St Mary's. There is also a link to our new online hall booking system.**

If you are able to include **Gift Aid** when you donate this gives an extra 25% to the Church at no cost to yourselves. Please use the blue gift aid envelopes which you need to sign and write your name and address on



**Your donations make a difference.**  
Please scan this QR code to easily donate.

**If you have any safeguarding worries please contact the Parish Office in the first instance or email [psostatmarys@gmail.com](mailto:psostatmarys@gmail.com)**



**Rector**

Reverend Phaedra Pamphilon-Green  
[rectorstokedabernon@gmail.com](mailto:rectorstokedabernon@gmail.com)/07775 954144  
 (Day off – Friday)  
**Parish Administrator :** Polly Zabari 01932 866005  
**Church Wardens :** Sue Prentice & William Fellows

**Parish Office Hours**

Next week the office will be open :  
**Monday to Thursday 8am – 1pm**  
 All enquires to  
[admin@stmarysstokedabernon.org.uk](mailto:admin@stmarysstokedabernon.org.uk)

**If you have a moment, please leave something for the Cobham Area Foodbank. Their website lists those items they need urgently. There is a collecting bin in the hall vestibule and just inside the Church.**



**If you would like to be on our mailing list and receive a copy of this pew sheet each week please let the Parish Office know.**

Morning prayer will take place Tuesday to Friday at 9am .  
Holy Communion will take place at 10am every Wednesday.  
Thursday Mattins will take place each week at 10am.

**Sunday 9th March 2025  
 First Sunday of Lent**



**March and April Services at St Mary's**

<b>Sun 16<sup>th</sup> March</b>	8am	Holy Communion with baptism
Lent 2	10am	Parish Eucharist
<b>Sun 23<sup>rd</sup> March</b>	10am	Parish Eucharist
Lent 4	6pm	Evensong
<b>Sun 30<sup>th</sup> March</b>	10am	Family Eucharist for Mothering Sunday
<b>Mothering Sunday</b>		
<b>Sun 6<sup>th</sup> April</b>	8am	Holy Communion
Passiontide	10am	Choral Eucharist
<b>Sun 13<sup>th</sup> April</b>	10am	Parish Eucharist
Palm Sunday	6pm	Evensong
<b>Mon 14<sup>th</sup> April</b>	8pm	Compline
<b>Tues 15<sup>th</sup> April</b>	8pm	Compline
<b>Wed 16<sup>th</sup> April</b>	8pm	Compline
<b>Thurs 17<sup>th</sup> April</b>	8pm	Holy Communion (washing of feet and altar stripping)
<b>Maundy Thursday</b>		
<b>Fri 18<sup>th</sup> April</b>	2-3pm	Stations of the Cross
<b>Good Friday</b>	8pm	Tenebrae
<b>Sun 20<sup>th</sup> April</b>	5.30am	Dawn Service
Easter Sunday	10am	Festal Eucharist
<b>Sun 27<sup>th</sup> April</b>	10am	Parish Eucharist
Easter 2	6pm	Evensong

**Electoral Roll**

- Belong**
- Participate**
- Contribute**

Every 6 years the Electoral Roll of a parish must be completely reviewed. This was last done in 2019 so we are renewing our Electoral Roll in 2025. Everyone who wishes to have their name entered on the new Roll must complete an application form (even if they are on the current roll). The form must be returned to Sue Prentice or the Parish Office by 26<sup>th</sup> March.

Forms can be found in Church or from the Parish Office.

**We welcome you to St Mary's.** If this is your first time, or even if you still feel "new" please make yourself known to one of the welcomers. If you would like to receive our weekly news please complete the welcome form and place either in the collection plate to hand to a sidesman.

## Collect

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

## Post Communion

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen**

### 10am Parish Eucharist

Minister : Revd Phe Pamphilon Green

Organist : Matthew Brown

Deut 26 : 1 – 11

Romans 10 : 8b – 13

Luke 4 : 1 - 13

Mass : Shaw (no Gloria)

Communion : 445

Hymns : 121, 124, 628, 748



Please join us in the hall afterwards for coffee

### 6pm Evensong

Minister : Revd Charleen Hollington

Organist : Matthew Brown

Deut 26 : 1 – 11

Romans 10 : 8b – 13

Luke 4 : 1 - 13

Responses : Smith

Psalm : 119 [73 – 88], Chants 133, 135

Canticles : Short Service – Gibbons

Anthem : Nolo mortem peccatoris – Morley

Hymns : 119, 147, 141



We will be undertaking our **Easter Church Cleaning Party and Church**

**Yard Working Group on Saturday 5<sup>th</sup> April**

between **10 and 12.30**. If you can spare an hour (or more) to help out we would be very grateful. As always the more helpers we get the less onerous it is. A sign up sheet will be in the church for you to put your name down for either the Church or the Church Yard. Any questions please contact Sue (07710 205395) for the Church Cleaning or Ian for the Church Yard (07543057840)



## Daily Bible Readings for Morning Prayer

### Monday 10<sup>th</sup>

Psalm 11, Jer 4 : 19 – end; John 5 : 1 - 18

### Tuesday 11<sup>th</sup>

Psalm 106, Jer 5 : 1 – 19; John 5 : 19 – 29

### Wednesday 12<sup>th</sup>

Psalm 6; Jer 5 : 20 – end ; John 5 : 30 – end

### Thursday 13<sup>th</sup>

Psalm 42, Jer 6 : 9 – 21; John 6 : 1 – 15

### Friday 14<sup>th</sup>

Psalm 22; Jer 6 : 22 – end ; John 6 : 16 – 27

### Saturday 15<sup>th</sup>

Psalm 63; Jer 7 : 1 – 20; John 6 : 27 – 40



Please come and join us on Mondays for **Mondays @ Mary's – our Community Cafe.**

10.30 – 12.30 every week (except Bank Holidays)



**LUNCHTIME CONCERTS**

Upcoming concerts include :

27/3 : Iain Clarke and Ellie Kershaw (Piano & clarinet)

29/5 : Katherine Dienes-Williams (organ)

26/6 : Will Harmer and Sebastian Hill (Piano & tenor)

**14/7 – 20/7 – Surrey Bach Festival at St Mary's**

## DATE FOR THE DIARY

**Sunday 4<sup>th</sup> May** – Afternoon tea at 4pm followed by a special Evensong to celebrate 80 years since VE day.



Our **APCM** will take place on **Sunday 13<sup>th</sup> April** at 11.30am (after the 10am service). Please mark the date and come along and support your Church

**The Lent Course starts tomorrow.** Pls join us at St Mary's at 12.30 for the study with a soup lunch

**Mothering Sunday** this year is on **30<sup>th</sup> March**. For many years it has been a tradition at St Mary's to distribute posies at the end of this service. Your help is needed to assemble these on **Saturday 29<sup>th</sup> March** between 10am and midday. The flowers will be provided by if you can contribute any interesting greenery and foliage please bring it to the hall on either Friday 28<sup>th</sup> or Saturday morning 29<sup>th</sup>. You may find scissors/lightweight secateurs useful to cut stems and twigs. Coffee, tea, juice and biscuits will be provided. This is an excellent way for newcomers to get to know parishioners in an informal, relaxed setting. Children welcome. Please let Polly (in the Parish Office) or Sara Read know if you are able to come. Your help is much appreciated.

